

SO YOU WANT TO BE A VET?



Describing Yourself

During your interview you need to sell yourself to the selection panel.

This can be a daunting task because the interviewers are looking for people who can reflect on their own strengths and explain why these strengths make them excellent candidates. An easy way to do this is to think about what you're good at. Below, you will find a list of words that describe different characteristics, circle the ones that describe you:

Fortunate	Able	Dedicated	Athletic
Talented	Optimistic	Flexible	Approachable
Clever	Considerate	Sociable	Enthusiastic
Reflective	Practical	Inspirational	Helpful
Empathetic	Resilient	Enterprising	Thoughtful
Friendly	Innovative	Active	Successful
Logical	Meticulous	Resourceful	Individual
Interesting	Risk-taker	Strong	Bright
Tactful	Creative	Compassionate	Determined
Passionate	Kind	Analytical	Charismatic
Lively	Ground-breaking	Communicative	Driven
Efficient	Knowledgeable	Skilful	Hard-working

Now list which 3 skills you think you are good at **and** you enjoy the most:

- 1)
- 2)
- 3)

Now give examples of when you use these 3 skills (they could be in a part-time job, at college, at home etc.). Make sure that your examples are specific e.g. "dealing with customer enquiries during my job because I have to..." rather than simply writing "during my job":

- 1)
- 2)
- 3)

Now that you have worked out what you are good at, go and tell them about it in your UCAS form and interviews.